



416-624-9419



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narumitamezawa.ca

HARD SKILLS

Adobe Creative Suits

Video Production & Editing

Motion Graphics

Concept Development

Sound Design

Content Creation

Thumbnail Design

Strategic Design

Photo Compositing

Figma

Web Development

UX/UI Design

Project Management

SOFT SKILLS

Creative Storytelling

Effective Communication

Adaptability & Resilience

Team Collaboration

Problem Solving

Strategic Thinking

Time Management

Team Leadership

Multitasking

AWARDS

The 12th SMN Film Koshien, 2018

- · The Grand Prize
- · Best Short Film Award,
- · Special Jury Prize

The 4th Tachikawa Meigaza Street Film Festival, 2018

· The Best Prize in the High School Division

The Short Short Film Festival & Asia 2018

· Nominated in the Student Division

SUMMARY

Creative Video Specialist with 7 years of experience in the video industry. Specializes in end-to-end production, from concept to post-production. Skilled in leading projects independently and reliably contributing to teambased productions. Adept at creating impactful visual experiences that resonate with audiences.

EXPERIENCE

HUMANCONTACT Inc - Motion Design / Video Intern

Toronto, Canada (Apr 2025 - May 2025)

- · Contributed to the planning, editing, and motion design of videos displayed on large-scale screens at internal corporate events for major clients.
- · Assisted on set as a production assistant, supporting equipment setup and ensuring smooth on-site operations.
- · Gained hands-on experience in collaborative production workflows, including organized file sharing and effective team communication in a multi-role environment.

FREELANCE - Director, Videographer, Editor, Motion Designer

Tokyo, Japan / Toronto, Canada (May 2019 - Present)

- · Led end-to-end video production for events, documentaries, and commercials, enhancing brand awareness and audience engagement.
- · Coordinated production workflows as a team lead, ensuring smooth collaboration and effective client communication.
- Developed visually engaging short-form video content for Instagram, combining storytelling, brand aesthetics, and strong pacing to quickly capture audience attention and strengthen brand recall.

TOMOSHIBITO - Director, Videographer, Editor, Designer

Tokyo, Japan (Jan 2019 - Dec 2022)

- Blended dance and video to create innovative visual storytelling that captivated audiences.
- · Optimized thumbnails and content strategy through audience analysis, boosting views and retention.
- · Created talk show-style contents and behind-the-scenes videos, enhancing viewer engagement.

SUPERBLY INC. - Editor, Assistant Director

Tokyo, Japan (May 2019 - Apr 2022)

- · Produced and edited videos for concerts, music videos, and web commercials in collaboration with directors and producers.
- · Assisted on set with equipment setup and props, contributing to smooth and efficient shoots.
- · Edited weekly content for the company's in-house brand, including YouTube videos, thumbnails, and Instagram reels, boosting its online presence.

EDUCATION

SENECA COLLEGE - Interactive Media Design

Starting: Sep 2023-June 2025

• High Honour (GPA4.0)

NIHON UNIVERSITY - Film, Bachelor of Arts

Apr 2018 - Mar 2022